



VOICE OF PURPOSE

Embody your Purpose to Deepen your Impact

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@voiceofpurpose.education

Ground Your Purpose

Resource Package & Worksheet

EQUITY IN THE ARTS CONFERENCE
FOLLOW-UP WORKSHOP

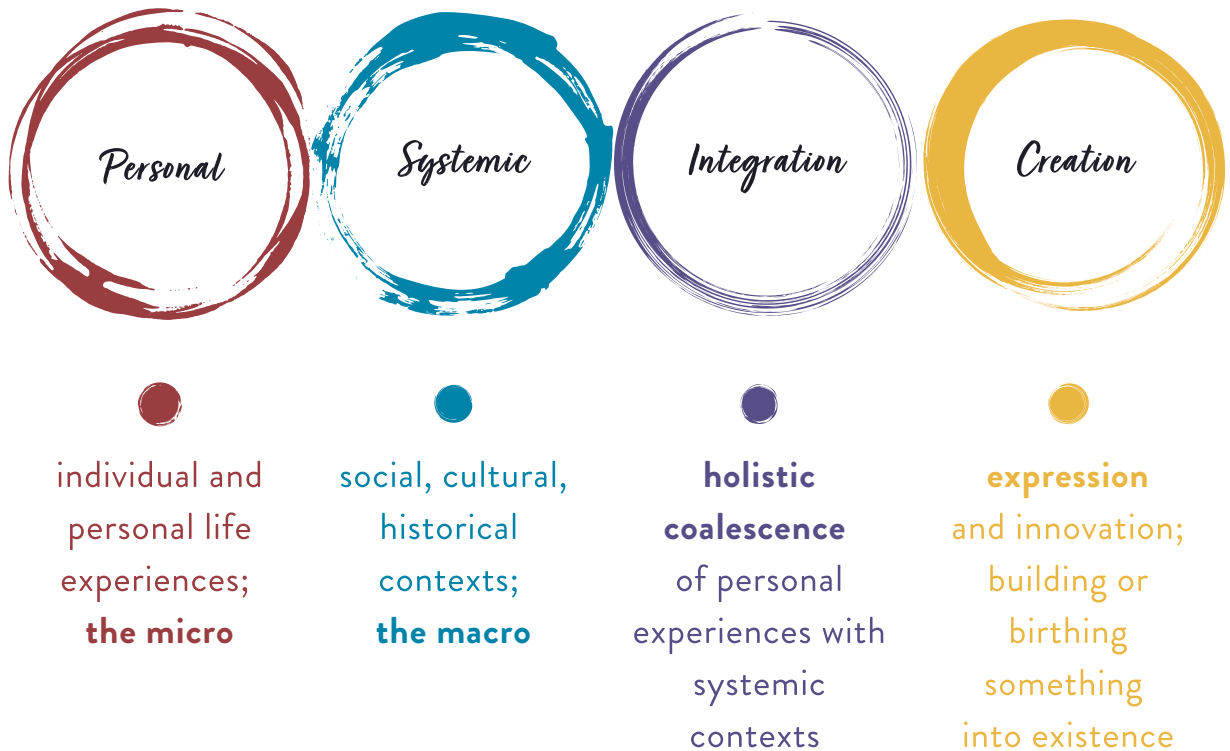
SEPTEMBER 23, 2021 @ 2-3:30PM EST

The Worldview

Elements of Purpose

The 4 Elements of Purpose provide a breakdown of the anatomy of purpose into its components. They provide a way to contextualize and engage with purpose in the human experience.

The 4 Elements of Purpose



Embody your purpose to deepen your impact in the world

The Pedagogy

Purpose Rooted Arts Education (PRAE)

A pedagogical framework for engaging community arts education program design, as well as organizational interventions and strategies. The 4 Pillars of PRAE provide a structure for engaging each of the 4 Elements of Purpose.

The 4 Pillars of PRAE:



●
Honour
individuality
and
intersectionalities.
Being true to
oneself.
Realness,
honesty,
and vulnerability.



●
Prioritize
marginalized
voices,
experiences,
and access.
Embody
integrity.
Practice anti-
oppression.



●
Practice
mental,
emotional,
physical, and
spiritual health
and safety.
Holistic
wellness and
wholeness.



●
Create
with originality
and innovation.
Uphold
standards of
excellence and
applied wisdom
for systems and
approaches.

Arts Education is an empowering activator for *community transformation*

The Experience

The Journey of Alignment

This is the experience that unfolds when we engage the Elements of Purpose by using the PRAE framework. It provides a pathway for individuals and organizations to identify and embody their purpose, as well as ignite greater capacity for creating and sustaining social change.

The 4 States of the Alignment Journey



The Worksheet

Grounding your Purpose

The following is an opportunity for you to reflect on how the dynamics outlined in the pages above play a role in your own life and work. These questions are designed to help foster in you personal and professional growth.

Expansion and Integration

You will find below the frameworks we explored on the previous pages integrated and expanded. Keep in mind that these framework can be applied to individuals and organizations alike. They provide a roadmap for how to engage on a journey of building capacity and sustainability, with the aim of becoming more embodied in your purpose.

When engaged with in depth, they can provide pathways for going beyond aspirational ideas and mission statements, and towards embodiment of your vision, and bringing integrity into practice.

Exploring the Personal Journey with Authenticity & Identity*



The exploration journey is about personal growth and understanding one's own identity, with the goal of being true to oneself through authenticity. This stage is about going inward, to deepen into a process of grounding and soul-searching. It requires an integrated approach that centers intersectionality, honesty, and vulnerability.

*'Personal' can be applied to the context of a single individual or an individual organization.

What are the intersectionalities of your identity?

What role(s) do they play in the issues that are near and dear to your heart?

Are you always true to yourself? What holds you back from being fully open and vulnerable with the people around you?

Honour individuality and intersectionality.

Being true to oneself requires realness, honesty, vulnerability, and courage.



Engaging Systemic Contexts with Equity & Inclusion

In the systemic journey, we expand our lens outward to the context of greater society, history, and culture. We assess and address systems of power, privilege, oppression, and the social constructs that they form. This part of the journey is about seeking equity and inclusion for marginalized individuals and communities, with transparency and integrity.

In what ways are you privileged based on your identity? In what ways do you benefit from systems of oppression? (You may consider your race, gender, sexual orientation, ability/disability, socio-economic status, language, and other ways you are able to gain access to resources or social currency by being who you are.)

How can you leverage your access to privilege, to be more inclusive of those who are oppressed or marginalized in those same arenas?



Equity & Inclusion means prioritizing marginalized voices, experiences, and access. Strive to embody integrity. Practice anti-oppression.

Embodying Holistic Integration with Healing & Well-Being



The embodiment journey is about integrating one's inner personal experiences with external systemic contexts. Empowering social change at the community level requires that individuals engage in healing and well-being on a personal level, as well as on a systemic level. Safety as well as holistic and trauma-informed approaches are integral to this stage.

Reflecting on all of your answers from the previous sections of this worksheet, what do you still need to heal?

How can you take better care of yourself in the areas of your mental, emotional, physical, and spiritual health? Are you burnt out? If so, how can you embody better well-being?

Healing & Well-Being encourages us to practice mental, emotional, physical, and spiritual health and safety. It's about holistic wellness and wholeness.



Activating the Power of Creation with Creativity & Technique

The activation journey is the fourth and final stage where we step into the realm of creation. With the help of creativity and technique, we have an opportunity to take our power back and create into the world what we wish to see. This is about raising the bar, applying wisdom, and innovating systems with standards of excellence and artistic skill.

What change do you wish to see in the world? Reflect back again on your previous answers, and ask yourself what is it that your soul REALLY want to create and bring to life here on earth?

What skills, resources, systems, techniques, strategies do you need to employ to be able to bring your vision to life? What kinds of support or growth do you need to cultivate in order to achieve excellence in this arena?

Creativity & Technique encourages us to create with originality and innovation. Uphold standards of excellence and applied wisdom for systems and approaches.

Final Reflections

What do you feel in this moment after having answered the questions in this worksheet?

What are the emotions that are present with you? What are you inspired to do? What questions do you have? What have you gained clarity on?

What direction is your intuition calling you to move next?

Once you have completed your reflections, remember to thank yourself for taking this time for your growth and development. Ground in gratitude. You are beautiful, powerful, and sacred. Thank you for being all that you are.

About Voice of Purpose



The Mission

To ignite and equip a movement of artist-educators and arts organizations who embody their purpose to deepen their impact in the world.

The Organization

Voice of Purpose (VOP) is an organization that focuses on building capacity and sustainability in the community arts education sector. The primary purpose of our industry is to deliver community work and social impact through the arts.

We help guide and ground artist-educators and arts organizations to meet this purpose with integrity, through providing support with personal and professional development, as well as pathways for implementing best practices.

Our approaches are anchored in the Purpose Rooted Arts Education (PRAE) pedagogy, which is derived from the Elements of Purpose worldview. We believe that individuals and organizations that embody their purpose have greater capacity to impact social change.

Voice of Purpose is an industry platform for
social impact through arts education

Our Services

CONSULTING

We provide consulting services to arts organizations that are going through a time of transition and transformation, and are seeking to grow in the areas of Leadership, Culture, Sustainability, Capacity, Equity, Inclusion, Programming, Organizational Systems, and Community Impact.

SPEAKING

We provide inspiring keynote presentations for organizations and events that help to ground audiences in their purpose, activate empowerment, and take action toward social impact and change.

WORKSHOPS

We provide hands-on workshops that engage participants in holistic explorations of personal purpose and professional development. Ideal for conferences, staff trainings, and leadership development seminars.

COACHING

We provide 1-on-1 coaching services for artist-educators and arts-administrators who are seeking personalized support and guidance with coming into greater alignment with their purpose, and developing their professional skills in community arts education.

DIGITAL COURSES

We provide Professional Development courses online to guide and support artist-educators and arts administrators on their path of purpose. We combine personal development alongside professional development for a holistic and integrative approach to empowered growth.

Contact us



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